

*Please move to the center of each pew and leave room on the ends for those arriving after you. Thanks!*

Families with preschoolers or elementary-aged children: A 'Pew Buddy' (older child or adult) may offer your child a Children's Bulletin and other materials, or invite them to help with the service in some way that may be fun for them. The more children are actively engaged in worship, the more they feel a part of the community.

**Prelude**

**Thou, whose almighty word**

**Setting by Richard Proulx**

*All stand as able at the ringing of the bell.*

**Processional Hymn (9:30 AM)**

**#371 vss. 1, 2 & 4, The Hymnal 1982**

**Thou, whose almighty word**

Words: John Marriott

Music: Moscow

1 Thou, whose almighty word  
chaos and darkness heard,  
and took their flight;  
hear us, we humbly pray,  
and, where the Gospel day  
sheds not its glorious ray,  
let there be light!

2 Thou who didst come to bring  
on thy redeeming wing  
healing and sight,  
health to the sick in mind,  
sight to the inly blind,  
now to all humankind,  
let there be light!

4 Holy and blessed Three,  
glorious Trinity,  
wisdom, love, might;  
boundless as ocean's tide,  
rolling in fullest pride,  
through the world, far and wide,  
let there be light!

**Opening Acclamation**

p. 355 Book of Common Prayer

Celebrant Blessed be God: Father, Son, and Holy Spirit.

**People And blessed be God's kingdom, now and for ever. Amen.**

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

**Gloria in excelsis**

**S-280, The Hymnal 1982** (spoken at 7:45 AM; sung at 9:30 AM)

setting by Robert Powell

Glory to God in the highest,  
and peace to his people on earth.

Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world;

have mercy on us;  
you are seated at the right hand of the Father;  
receive our prayer.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.

## **The Collect of the Day**

Celebrant The Lord be with you.

**People And also with you.**

Celebrant Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*Please be seated for the readings.*

## **The First Lesson: A reading from the Book of Deuteronomy**

Deuteronomy 18:15-20

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

Reader The Word of the Lord.

**People Thanks be to God.**

## **Psalm 111** *(read in unison)*

p. 754, Book of Common Prayer

- 1 Hallelujah! I will give thanks to the Lord with my whole heart, \***  
**in the assembly of the upright, in the congregation.**
- 2 Great are the deeds of the Lord! \***  
**they are studied by all who delight in them.**
- 3 His work is full of majesty and splendor, \***  
**and his righteousness endures for ever.**
- 4 He makes his marvelous works to be remembered; \***  
**the Lord is gracious and full of compassion.**
- 5 He gives food to those who fear him; \***  
**he is ever mindful of his covenant.**
- 6 He has shown his people the power of his works \***  
**in giving them the lands of the nations.**
- 7 The works of his hands are faithfulness and justice; \***  
**all his commandments are sure.**
- 8 They stand fast for ever and ever, \***  
**because they are done in truth and equity.**
- 9 He sent redemption to his people; he commanded his covenant for ever; \***  
**holy and awesome is his Name.**
- 10 The fear of the Lord is the beginning of wisdom; \***  
**those who act accordingly have a good understanding; his praise endures for ever.**

## **The Second Lesson: A reading from Paul's First Letter to the Corinthians**

1 Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is

weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader The Word of the Lord.  
People **Thanks be to God.**

*All stand as able for the*

**Sequence Hymn** (9:30 AM)

**Arise and shine**

Words: Patricia B. Clark

**Sung to the tune of #137 “Wareham”,** The Hymnal 1982

Music: melody William Knapp

- |   |   |
|---|---|
| 1 Arise and shine, the prophet sang;<br>your light has come, the message rang.<br>The shroud of darkness stripped away,<br>God’s glory brings a bright new day. | 2 God’s rising sun will light the way,<br>as people stream to dawning’s ray.<br>Your open gates will never close,<br>in bus’ling day or night’s repose. |
|---|---|

Deacon The Holy Gospel of our Savior Jesus Christ according to Mark.

Mark 1:21-28

People **Glory to you, Lord Christ.**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.” But Jesus rebuked him, saying, “Be silent, and come out of him!” And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, “What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.” At once his fame began to spread throughout the surrounding region of Galilee.

Deacon The Gospel of the Lord.

People **Praise to you, Lord Christ.**

*Sequence hymn continued*

- 3 You will not need the sun by day  
nor moon by night, to light your way;  
God’s glory and eternal might  
will be your everlasting light.

*All are seated as invited by the preacher.*

**The Sermon**

The Rev. Dr. Lorraine Ljunggren,

*All remain seated for a moment of silence following the sermon.*

Priest Associate

*All stand as able for*

**The Nicene Creed**

p. 358 Book of Common Prayer

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius  
Pilate; he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the  
dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and  
glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## Prayers of the People

Leader As we celebrate Christ embodied in human form, we pray for God's blessing on the church, the world, and all of creation.

*Silence*

Everlasting God, you bring your healing power to the church. Give your church a spirit of unity and prayer, that we discern your way for us in the world.

God of grace, **receive our prayer.**

Creator of the ends of the earth, you make the grass grow and send rain for the soil. Bring your creation into harmony and balance. Give animals their food and provide healthy shelter for your people. Inspire us to honor the miraculous beauty of all you have made.

God of grace, **receive our prayer.**

God who strengthens, you lift up with your hand any who are suffering. Heal those who are brokenhearted, and strengthen the weak and all in need, especially **Michael, Steve, Mary, James, Carole, Grace, Tony, Joe, Jonnie, Elizabeth, Sara, Barry, Charlie, Monica, Kim, Kate, Katharine, Brij, Greg, Kristen, Bishop Curry, Jolene, Paul, Deena**, and all others we name to you now...*(the congregation may add prayers, spoken or in silence).*

God of grace, **receive our prayer.**

God without equal, your steadfast love endures forever, Bring the leaders, elected officials, and peacekeepers of our town and countries into understanding and unity. Guide them to serve with compassion and understanding.

God of grace, **receive our prayer.**

Life-giving God, we pray for those in our parish celebrating birthdays this week: Norm Bell, Judy Covarrubias, Susan Gilliam, Monica Brewbaker, Maggie Shalar, Jack Billand, Chris Kemp, and Kathy Crosby.

God of grace, **receive our prayer.**

God who gives power to the faint, challenge us to share the faith stories of what God has done in our lives. Open us to receive the unique ways God is at work in your people, especially those whose perspectives challenge our own.

God of grace, **receive our prayer.**

God who calls each star by name, we remember all who have died, especially Paul Dolan, I, father of parishioner Paul Dolan, II. Shelter all who mourn with your mercy and care, and give us hope in your promised salvation...*(the congregation may add prayers, spoken or in silence).*

God of grace, **receive our prayer.**

*Silence*

*Celebrant*

Knowing the Holy Spirit intercedes for us with sighs too deep for words, we offer these prayers and the silent prayers of our hearts; in the name of our Savior, Jesus Christ. **Amen.**

## Confession and Absolution

p. 360 Book of Common Prayer

Celebrant Let us confess our sins against God and our neighbor. *(Silence)*

**ALL Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## The Peace

Celebrant The peace of the Lord be always with you.  
**People And also with you.**

Remember to sanitize hands, before and after touching common items like offering plates or after shaking hands at the Peace.

*Please be seated*

**Welcome & Parish Announcements**

# The Holy Communion

## The Offertory

*If you are viewing our livestream, you may wish to prepare your financial offering for mailing at this time. Anyone may give online at [www.stjohnswf.org/give](http://www.stjohnswf.org/give) OR Text "STJOHNSWF" to 73256 to give using your mobile device.*

## Offertory Anthem (9:30 AM)

### Jesus Christ the Apple Tree

Somerset folk song collected by Cecil Sharp/arranged by Alan Bullard

Cantate

*The tree of life my soul hath seen, laden with fruit and always green:  
The trees of nature fruitless be compared with Christ the apple tree.*

*His beauty doth all things excel: by faith I know, but ne'er can tell,  
The glory which I now can see in Jesus Christ the apple tree.*

*For happiness I long have sought, and pleasure dearly I have bought:  
I missed of all; but now I see 'tis found in Christ the apple tree.*

*I'm weary with my former toil, here I will sit and rest awhile:  
Under the shadow I will be of Jesus Christ the apple tree.*

*This fruit doth make my soul to thrive, it keeps my dying faith alive;  
Which makes my soul in haste to be with Jesus Christ the apple tree.*

*Please stand as able*

## The Doxology

*(7:45 am—spoken)*

**All things come of thee, O Lord, and of thine own have we given thee.**

*(9:30 am—sung—Hymn 380 vs. 3)*

**Praise God, from whom all blessings flow; Praise God, all creatures here below;  
Praise God above, ye heavenly host: Praise Father, Son, and Holy Ghost. Amen.**

## The Great Thanksgiving

p 367 Book of Common Prayer Eucharistic Prayer B

**Celebrant** The Lord be with you.

**People** **And also with you.**

**Celebrant** Lift up your hearts.

**People** **We lift them to the Lord.**

**Celebrant** Let us give thanks to the Lord our God.

**People** **It is right to give God thanks and praise.**

**Celebrant** It is right, and a good and joyful thing....

....who for ever sing this hymn to proclaim the glory of your Name:

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*The People stand or kneel. The Celebrant continues*

Celebrant We give thanks to you, O God, for the goodness and love which you have made known to us in creation....Therefore, according to his command, O Father,

**All We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*The Celebrant continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all...

...By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours,  
Almighty Father, now and for ever. **AMEN.**

Celebrant And now as our Savior Christ has taught us, we are bold to pray:

**All Our Father, who art in heaven, hallowed be thy name.  
Thy kingdom come. Thy will be done, on earth as it is in heaven.  
Give us this day our daily bread, and forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the Kingdom, and the power, and the glory for ever and ever. Amen.**

*All stand as able*

**The Breaking of the Bread** (7:45 AM spoken; 9:30 AM sung)  
**Fraction Anthem S-154** (front of The Hymnal 1982)

Setting by David Hurd

Celebrant Alleluia. Christ our Passover is sacrificed for us;

**People Therefore let us keep the feast. Alleluia.**

**The Communion of the People** (*please sanitize your hands before coming forward*)

All are welcome to receive Holy Communion or to receive a blessing (instead of the bread and wine) the altar rail. If you prefer to receive a blessing, simply cross your arms over your chest to signal the clergy. If you need a gluten free wafer, please extend your hands with palms down to signal the clergy. If you need to be served in your seat, please inform an usher.

At this time, we will refrain from offering the common cup (drinking from a common chalice) and will offer the wine by intinction only (dipping the communion wafer in the cup of wine.) If you wish to receive the wine, please hold the wafer in your fingers as the chalice bearer comes to you and take care to dip only the wafer into the wine (and not your fingers.) If you are not comfortable receiving the wine this way, please know that receiving only the consecrated bread at Holy Communion (or the wine only) is still considered full Communion.

- |  |  |
|--|--|
| 1 I come with joy to meet my Lord,<br>forgiven, loved, and free,<br>in awe and wonder to recall<br>his life laid down for me.                      | 4 And thus with joy we meet our Lord.<br>His presence, always near,<br>is in such friendship better known:<br>we see, and praise him here. |
| 2 I come with Christians far and near<br>to find, as all are fed,<br>the new community of love<br>in Christ's communion bread.                     | 5 Together met, together bound,<br>we'll go our different ways,<br>and as his people in the world,<br>we'll live and speak his praise.     |
| 3 As Christ breaks bread and bids us share,<br>each proud division ends.<br>That love that made us makes us one,<br>and strangers now are friends. |  |

**Prayer for Spiritual Communion** (For those worshiping with us remotely at 9:30 AM)

In union, O Lord, with your faithful people at every altar of your Church, I desire to offer to you praise and thanksgiving. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

**The Postcommunion Prayer** (for those who have shared in Communion in person)

Celebrant Let us pray.

**All Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

*The Celebrant blesses the People.*

**(9:30 AM) All children here today are invited to join the clergy at the church door during the following hymn. The children will help send us out with the words of Dismissal.**

- |   |   |
|---|---|
| 1 O for a thousand tongues to sing<br>my dear Redeemer's praise,<br>the glories of my God and King,<br>the triumphs of his grace! | 3 Jesus! the Name that charms our fears<br>and bids our sorrows cease;<br>'tis music in the sinner's ears,<br>'tis life and health and peace. |
| 2 My gracious Master and my God,<br>assist me to proclaim<br>and spread through all the earth<br>abroad the honors of thy Name.   | 6 Glory to God and praise and love<br>be now and ever given<br>by saints below and saints above,<br>the Church in earth and heaven.           |

**The Dismissal**

Children of the Parish Go in peace to love and serve the Lord!  
**All Thanks be to God.**

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